

## Hygiene

Children are encouraged (and shown) to wash their hands, and where permission is granted to use antibacterial wipes in the following situations:

- before and after eating food
- preparing food
- after painting/enjoying various sticky activities
- after sneezing and coughing
- after outdoor play where children have come into contact with the soil
- after stroking or coming into contact with animals

Children will be assisted in their hand washing procedures according to age and ability. This is to ensure that they are washing and drying them correctly. Clean paper towels are provided for the children.

Children will be assisted and supported, where appropriate, with wiping their noses. Children will be encouraged to dispose of their tissues in a hygienic way. The importance of disposing of them appropriately will be carefully explained appropriately to the age of the child. At the same time, children will be encouraged to cover the mouths when coughing, and to wash or antibacterial their hands immediately. Please, note that children who have been ill for 24 hours or more will not be able to come to the setting. This is to protect the health and wellbeing of the other children.

The changing mat will be cleaned and antibacterially after each use, to prevent the spread of germs.

April 2018

Review Date October 2019